



DELHI PUBLIC SCHOOL BANGALORE EAST

SPORTS NEWSLETTER

DECEMBER 2022

“Overpower.Overtake.Overcome.”-Serena Williams



MESSAGES

The most valuable player is the one who makes the most players valuable."

-Peyton Manning

Dear Parents,

Sports play an integral role in the overall growth and development of students. Sports activities teach discipline, enhance social skills and make students physically and emotionally strong. Recently, India has seen its Sports industry growing rapidly after the success of Indian athletes and players in National and International sporting events.

Sports play an important role in improving the physical and mental health of students. Both indoor and outdoor sports keep the body and mind active and fit. Students who are engaged in any form of sports have a bonding capability. They learn to work as a team, thereby enhancing social relationships- which is also an important parameter of life.



Sports teach students to be emotionally strong. The skill they develop through sports helps them to accept defeats in a sporting way. Hence, students who love games and sports are in a much better position to deal with tough situations.

We often come across many children who are good at sports but not academically inclined. One such example is Baichung Bhutia, who is known for his famous leadership and football skills. Not doing well academically, he decided to increase his efforts in sports. Children who may not be academically strong may be good at sports; hence, they should be given guidance in that particular sport, which can help them build a strong career in that field.

So, dear parents, if you see that your child is showing interest in sports, guide them towards taking sports seriously. By taking a few small steps today we can nurture their dreams and transform them into reality.

Warm Regards

L. Paul Jabaraj

(Football Incharge)

Physical Education Teacher

Department of Physical Education

"The process is more important than the results. If you take care of the process, you will get the results."

-M.S.Dhoni



Sports play an essential role in everyone's life. It keeps us healthy physically as well as mentally. It also helps us focus on our academics. Sports play an essential role in personality development and also overall character development in life.

I have been playing Badminton for the last 7 years and have had the opportunity to represent our school, state, and country at multiple inter-school, state, and national level tournaments. Being an athlete I have learned several lessons through the ups and downs of the game. The game has taught me numerous important lessons like patience, determination, perseverance, self-belief, confidence, and many more. Every game has always taught me something new and different. My parents, coaches, and teachers have played a vital role in guiding and supporting me. They have always helped me and have boosted my morale. Without them, my journey would have been a lot tougher.

I am honoured to be the sports vice-captain at DPS East. Our school has always supported athletes to showcase their talent in multiple tournaments. Our school has always encouraged sports and supported athletes. The sports faculty at DPS East have supported me and encouraged me in every possible manner which has helped me perform better in my sports. I have also had the opportunity to represent our school in the CBSE SOUTH ZONE-2022 and win gold in that event. This wouldn't have been possible without the effort and support of the school. I request all the students of DPS East to involve themselves in sports as it keeps them fit physically as well as mentally. I request that all students feel free to share their achievements and experiences with the sports faculty. Coaches, teachers, and Sports Captains/Vice captains will always support you in all the ventures that you will undertake.

"I really think a champion is defined not by their wins, but by how they can recover when they fall"

-Serena Williams

Warm Regards and Best Wishes

Pranav Krishnamurthi

Sports Vice Captain

Grade XI

EXTRAORDINARY FEAT!!

Great achievements are nurtured with the cooperation of many minds with a common vision working toward a common goal. Exceptional achievements are within our reach when we stand on a foundation of personal integrity, hard work, and unwavering determination.

Here is a great moment for our DPS East Hockey team, where they have made history. Since the first year of participation in the C Division matches organized by KSHA, our school hockey team has emerged as the champions.

The Association has stated that the DPS team will play the Super Division without even playing the other Divisional matches. Such a prideful moment that is cherished in which our students and the PE teachers from our school participated.



DPS EMERGE CHAMPIONS

Delhi Public School, East clinched the KSHA 'C' division hockey league championship title in Bengaluru on Wednesday. In their final league outing, DPS outplayed Blue Star Hockey Club 3-1. Trailing 0-1 at half-time, the youngsters rallied with Shahnul sounding the boards twice and Mohammed Ashou accounting for one goal. For Blue Star, Dhanush scored the solitary goal. Blue Star with six points finished second, with Sahyadri HC, Shivamogga (4 pts) ending third. **Results:** Sahyadri Hockey Club, Shivamogga 2 (Srikanth DU 29th, Sanjay Kumar VM 47th) bt East India Hockey Club: 1 (Karthik 54); Delhi Public School, East 3 (Shahnul 49th, 56th, Mohammed Ashou CH 55th) bt Blue Star Hockey Club: 1 (Dhanush M 3rd)

DPS finished on top after the league with 9 points, while BSHC ended second with 6 points. **Results:** Sahyadri Hockey Club, Shivamogga 2 (Srikanth DU 29th, Sanjay Kumar VM 47th) bt East India Hockey Club: 1 (Karthik 54); Delhi Public School, East 3 (Shahnul 49th, 56th, Mohammed Ashou CH 55th) bt Blue Star Hockey Club: 1 (Dhanush M 3rd)

Final standings: 1 Delhi Public School, East; 2 Blue Star HC; 3 Sahyadri HC, Shivamogga.

ANANYA
GRADE XII L

Ananya was chosen to compete in the 2022 World Muaythai Championship, held in Indonesia from December 9–11. She took first place in her Weight division.

She also competed in the 60th National Roller Skating Championship, which was held in Bangalore from 11th December to 22nd December, 2022 and took home a silver medal.

Congratulations to Ananya!!

May you soar to new heights!



Ananya has been active in sports activities. She has been Sports Vice Captain and Sports Captain in Class XI and Class XII respectively for the school. Ananya has also won ‘the prestigious sports person’ of the year award in the school in the year 2020 and 2022.

List of achievements in sports (i) Kick Boxing and (ii) Roller Skating in the last two years

KICK BOXING:

Sl No.	Tournament details	Held on (date)	Place	Medal won
1.	WAKO Indian Open International Kickboxing Tournament 2020 Played for India	February 9-13, 2020	Delhi	GOLD
2.	12 th Karnataka State Cadet- Kickboxing Championship- 2021	February 13, 2021	Mysore	GOLD
3.	State Boxing Championship-2021	March 12-14, 2021	Bangalore	SILVER
4.	WAKO India National Kickboxing Championship-2021	2021	Pune	GOLD
5.	1 st Karnataka State <u>Muaythai</u> Championship 2021-22	2022	Bangalore	GOLD
6.	5 th South Indian <u>MuayThai</u> Championship 2022	2022	Chennai	GOLD
7.	World <u>Muaythai</u> Championship 2022	December 9-11, 2022	Indonesia	Selected to represent India

ROLLER SKATING

Sl No.	Tournament details	Held on (date)	Place	Medal won
1.	37 th Karnataka State Roller Skating Championship 2021	November 28, 2021	Bangalore	Gold
2.	59 th National Roller-Skating Championship 2021-22	December 15-21,2021	Chandigarh	Bronze
3.	36 th National Games	October 3-10, 2022	Ahmedabad	4 th Position
4.	38 th Karnataka State Roller Skating Championship, 2022	November 6,2022	Bangalore	Gold
5.	60 th Nationals Roller skating Championship 2022	December 11-21, 2022	Bangalore	Selected to represent Karnataka



ANANYA

Key Achievements:

- State, national and international kickboxing gold medallist.
- Selected to represent India at World Muaythai Championship to be held in Indonesia in December 2022.
- Skating state gold medallist and national bronze medallist.
- Represented Karnataka in the 36th National Games in skating



CONGRATULATIONS !

INTER-SCHOOL COMPETITIONS

State Athletics Inter-School Competition

Our school participated in the State Athletics Inter-School competition conducted by the Star Track Club on 26th November.

Name	Grade	Event	Position
Sujya P Nayak	XI J	400mtr,200mtr	2nd place
Bharat Kumar M	XI E	200mtr	1st place
Hrishi B	XII P	400mtr	2nd place
Gaurav Malhotra	X D	100mtr	3rd place
Shreya Reddy	V D	100mtr,200mtr	2nd place
Saadhvi Ravikumar	VI N	800mtr	1st place
Neel Palkonda	VI J	200mtr	2nd place
Kasturi V	X J	100mtr	2nd place



1st Edition Bangalore District Baseball Championship

Our school baseball team took part in the 1st edition Bangalore District Baseball Championship held at Nagarjuna Vidyaniketana, Yelahanka, Bangalore on 28th and 29th November. Bangalore District Baseball Association organized the event. Our school baseball team won the gold medal and got 1st position.

Shoubhit Pani from VI E got 'the best batter award' by hitting 2 Homer.



Inter-School Competitions, Euro School Whitefield

Inter-School Chess Tournament

Name	Grade	Position	Category
Shreya Rajesh	V H	3rd place	Under 9 (Girls)
Sashwat Singh	III A	2nd place	Under 9 (Boys)
Avyukta	II H	3rd place	Under 7 (Girls)
Yash Dnyanesh Chaware	IX J	1st place	Under 17 (Boys)
Priyansho Chakraborty	XII N	2nd place	Under 17 (Boys)
Alankrit Tripathy	IX B	3rd place	Under 17 (Boys)
R.Siddharth	IX B	2nd place	Under 15 (Boys)





CONGRATULATIONS !

Inter-School Yoga Competition

On November 25th, our school's students competed in the Euro school Whitefield Yoga competition and won numerous prizes.

Congratulations !!!

Individual	
Under 12 (Boys)	1st place: Aarav Rayirath (V J) 2nd place: Arjun Shukla (III G)
Under 14 (Girls)	1st place: Roma Yoganand (VI C) 2nd place: S Keerthi Sri (VI C)
Under 14 (Boys)	1st place: Rithicksan KJ (VII N) 2nd place: Thoihenba Maibam (VI B)
Under 16 (Boys)	1st place: Kanish Singh (VII N) 2nd place: G Aarush (VIII S)
Group Performance	
Under 14 (Boys)	Runner-up
Under 16 (Girls)	Runner-up



Inter-School Skating Competition

The skaters from our school competed in the Euro School Skating Competition on November 24th and took home prizes in several categories.

Congratulations to all the participants and winners!!!

Name	Grade	Medal
Vihaan H Charan Patil	III I	Bronze
M Sahanjali reddy	III I	Silver
Sanjana Kota	IV C	Silver
Kshamya Madhusudhan	IV G	Silver
T Yugaan	IV A	Bronze
Ananya Kalash	V M	Silver
Kaartisha Donepudi	V F	Gold
Aryahee Goyal	VII M	Gold
Vedd Ashish Prayagi	VII E	Silver
G Aditya Manohar	VII E	Bronze
Rithika Manjush	VIII J	Silver
Tarun Subramanian	VIII J	Silver
Kanav Sharma	VIII E	Bronze
Shreyas M K	IX S	Gold
Shahswanth P	X C	Gold





Invictus 3.0, 2022 - Euro School, Whitefield

Inter-School Basketball Tournament

Our Under 16 Boys basketball team won the Invictus 3.0, 2022 - Inter-School Basketball tournament, which was held at Euro School, Whitefield, on November 24, 25, and 26.

Salutations to the winners!



Inter-School Swimming Tournament

Our swimming team, boys and girls, participated in the INVICTUS 2022 conducted by Euro School Whitefield on November 25 and won prizes in many categories.

Congratulations to all!!

Name & Class	Event	Position
Plaksha Tambe (IX R)	50m Butterfly	3rd place
	4x25m Freestyle Relay	2nd place
	4x25m Medley Relay	2nd place
Devayu Thakur (VIII I)	4x25m Freestyle Relay	1st place
	4x25 Medley Relay	1st place
Adhiraj Singh (VIII N)	100m Individual Medley	3rd place
	4x25m Freestyle Relay	1st place
	4x25 Medley Relay	1st place
Abdus Samad (VI R)	100m Individual Medley	1st place
Ananya Rudrabhatla (XI A)	50m Backstroke	1st place
	50m Butterfly	1st place
	50m Freestyle	2nd place
	4x25m Freestyle Relay	2nd place
	4x25m Medley Relay	2nd place
Aradhya Verma (V E)	4x25m Freestyle Relay	2nd place
	4x25 Medley Relay	2nd place
Jheelam S Roy (VIII P)	4x25 m Freestyle Relay	2nd place
	4x25m Medley Relay	2nd place
Varsha G (V C)	25m Freestyle	1st place
	25m Butterfly	1st place
	25m Backstroke	2nd place
	4x25 Medley Relay	1st place
	4x25m Freestyle Relay	2nd place

Tanishi Tambe (IV H)	4x25 m Medley Relay	1st place
	4x25 m Freestyle Relay	2nd place
Shivank Bhagat (IV R)	25m Breaststroke	2nd place
Tvisha Bhandari (III C)	4x25 m Medley Relay	3rd place
	4x25 m Freestyle Relay	2nd place
Nayana Neergunda (III O)	4x25 m Medley Relay	1st place
	25m Freestyle Relay	2nd place
	25m Breaststroke	2nd place
	4x25 Freestyle Relay	2nd place
	25m Butterfly	3rd place
	4x25m Mix Relay	3rd place
Tarun Patel (IX)	4x25 m Freestyle Relay	1st place
	4x25 m Medley Relay	1st place
	100m Individual Medley	2nd place
	50m Breaststroke	3rd place
	4x25m Medley Relay	3rd place
Advik H (VIII P)	4x25 m Medley Relay	2nd place
	4x25 m Freestyle Relay	1st place



SHOT ON REDMI NOTE5 PRO

CONGRATULATIONS!

VALOUR 2022, Gear International School

Inter-School Volleyball Tournament

Our school participated in the Inter-School Volleyball tournament at Gear International School, VALOUR 2022 on 8th and 9th November.

The Under 17 boys' team came in first place.

The Under 18 girls' team finished in second place. They have now won three times in a row.

Ashish Balaji of VIII R got the 'Most Valuable Player (MVP)' award in the Under 17 Boys category.

Shana Susan of XI F got the 'Most Valuable Player (MVP)' award in the Under 18 Girls



Inter-School Squash Tournament

Our school Squash Under 18, Under 16 B/G, Under 14 B/G, and Under 12 Boys team participated in Valour 2022, a Gear Sports Fest 2022 conducted by Gear Innovative International School from 7th November to 9th November 2022.

The following are the results:

Under 16 category (Girls)

Ruhi Binu Jose (IX P) - Winner

Under 16 category (Boys)

Nirvaan Manoj(X H) - Runner Up

Under 14 category (Girls)

Poojya PannerKumar(VIII r) - Runner Up



Gopalan Challenge Cup Tournament

Our Under 12 cricket team competed in the Gopalan Challenge Cup tournament from November 7 to November 12 and defeated Sports School by 20 runs to take home the trophy.

The trophy for 'Best Batman of the Tournament' was given to grade VI student Anirudh Rayasam.

The title of 'Best Bowler of the Tournament' went to Faheem, a student in grade V.

[Click here](#) to watch the highlights of the award ceremony.





MATCHES	LEADERBOARD	POINTS TABLE	ST
<div style="display: flex; justify-content: space-around;"> BAT BOWL FIELD MVP </div>			
All Teams		Top Runs Sc...	
	Anirudh Rayasam (DPS (EAST) U12)	01	
Inn: 06 Runs: 304 Avg: 60.80 SR: 126.14			
HS: 68 N/O: 1 6s: 0 4s: 45 50s: 2 100s: 0			
28 Nov 22	v SPORTS SCHOOL U12	49(53)	
24 Nov 22	v SJBHS U12	43(40)	
24 Nov 22	v GIS U12	61(55)	
15 Nov 22	v DPS (WHITE FIELD) U12	36(21)	
10 Nov 22	v DPS (WEST) U12	47(29)*	
08 Nov 22	v GNS U12	68(43)	

GOPALAN NATIONAL SCHOOL

One world One

GOPALAN CHALLENGE CUP

NOV 07TH - NOV 12TH 2022

UNDER 12, UNDER 16 & UNDER 14 (THE UNDER-14 SCHEDULE DATES WILL BE SUBJECT TO KSCA UNDER-14 INTERCLUB MATCHES)

MATCHES	LEADERBOARD	POINTS TABLE	ST
<div style="display: flex; justify-content: space-around;"> BAT BOWL FIELD MVP </div>			
All Teams		Most Wickets	
	Faheem (DPS (EAST) U12)	01	
Inn: 06 W: 14 Eco: 4.05 Avg: 5.5			
Maiden: 1 HW: 4 SR: 8.14			
28 Nov 22	v SPORTS SCHOOL U12	4.0-0-23-3	
24 Nov 22	v SJBHS U12	4.0-0-11-3	
24 Nov 22	v GIS U12	4.0-0-26-0	
15 Nov 22	v DPS (WHITE FIELD) U12	2.0-1-1-2	
10 Nov 22	v DPS (WEST) U12	2.0-0-3-4	
08 Nov 22	v GNS U12	3.0-0-13-2	

Kudos to the unbeatable DPSE Cricket Team!!!

MLB Cup India

Our school's baseball team won the regional MLB Cup and qualified for the MLB Cup India Finals, which will be held in Uttar Pradesh from December 1st to 4th at the Delhi Noida Stadium. The top 16 teams from across India qualified for the finals.

Shoubhit Pani of grade VI E got second place in the home run derby contest by hitting 7 home runs.

[Click here](#) to watch the match highlights.



BMIS College Throwball Tournament

On December 3, our school's Throwball girls' team competed in the BMIS college tournament. In the Under-18 division, our girls came in second.

Congratulations to the team!!



VSE Sports Premier League 2022, Inter-School Basketball tournament

Vydehi School of Excellence

On November 10 and 11, our school's basketball teams, both boys and girls, took part in the Inter-School Basketball event, the VSE Sports Premier League 2022, organized by Vydehi School of Excellence. The students brought honours to our school.

1. Under - 12(Girls) emerged as runners-up
2. Under - 12(Boys) emerged as runners-up
3. Under - 14(Boys) took third place
4. Under - 14(Girls) emerged as runners-up

Under 14 (Girls)



Under 14 (Boys)



Under 12 (Girls)



Under 12 (Boys)



SIDDHANTH BORDOLY
GRADE VI H

Siddhanth Bordoly of grade VI H was awarded the Upcoming Player of the Tournament award in the Under 12 category.



KIARA SACHDEV
GRADE VI S

Kiara Sachdev of grade VI S was awarded the Upcoming Player of the Tournament award in the Under 12 category.



SINCHAN S BHAT
GRADE VIII T

Sinchan S Bhat of grade VIII T was awarded the Upcoming Player of the Tournament award in the Under 14 category.



Ignite Sports Fest 2022, Inter-School Basketball Tournament Greenwood High School

Our School Basketball Boys' team competed in the Inter-School Basketball tournament, Ignite Sports Fest 2022, organized by Greenwood High School on 7th & 8th November.

The Under 18 (Boys) team emerged as the winner.



CONGRATULATIONS!

CBSE CLUSTER TOURNAMENT 2022

Athletic Meet

Our school athletic team participated in the CBSE Cluster Athletic meet held at Mangalore from November 29th to December 1st and received the following prizes.

Congratulations to all!!

Name & Class	Event	Category	Position
Hrishi Bopardikar (XII P)	800mtr	Under 19 (Boys)	1st place
	1500mtr		1st place
	4x400mtr Relay		1st place
	4x100mtr Relay		3rd place
Bharat Kumar M (XI E)	100mtr	Under 19 (Boys)	1st place
	200mtr		1st place
	4x400mtr Relay		1st place
	4x100mtr Relay		3rd place
Ajith Babu Chattupuzha (XI E)	4x400mtr Relay	Under 19 (Boys)	1st place
	4x100mtr Relay		3rd place
Aryan Jethalia (XI E)	4x400mtr Relay	Under 19 (Boys)	1st place
	4x100mtr Relay		3rd place
Sujya P Nayak (XI L)	400mtr	Under 19 (Boys)	1st place
Kasturi Valekar (X J)	100mtr	Under 17 (Girls)	3rd place
	200mtr		2nd place
	4x400mtr Relay		3rd place
Ria Mehata (IX M)	4x400mtr Relay	Under 17 (Girls)	3rd place
Sowmya Sahu (VIII S)	4x400mtr Relay	Under 17 (Girls)	3rd place
Jia Kushal (XI Q)	4x400mtr Relay	Under 19 (Girls)	3rd place

Name & Class	Event	Category	Position
Manan Agarwal (VII N)	100mtr 4×100mtr Relay	Under 14 (Boys)	3rd place 1st place
Kalhan Kaul (VI P)	4×100mtr Relay	Under 14 (Boys)	1st place
Darshith A (VII K)	4x100mtr Relay	Under 14 (Boys)	1st place
Shreyans Jena (VIII G)	4×100mtr Relay	Under 14 (Boys)	1st place
Ezzah C T (VII E)	4×100mtr Relay	Under 14 (Girls)	3rd place
B Sai Samyukta (VIII N)	4×100mtr Relay	Under 14 (Girls)	3rd place
Smrithi Shankar (VIII G)	4×100mtr Relay	Under 14 (Girls)	3rd place
Saanvi Singhan (VIII K)	4×100mtr Relay	Under 14 (Girls)	3rd place



Volleyball Tournament

Under 19 Girls Team won the third place!!

On 2nd and 4th December 2022, our school took part in the CBSE Cluster Volleyball tournament that was held at NITTE International School, Yelahanka. Our school earned a spot in the semifinals and currently holds the third spot with a trophy, medals, and merit certificates.

Congratulations to the team!



Table Tennis Tournament

At the CBSE Table Tennis cluster level competition, our students competed and took home medals.

Congratulations to the winners!!!

Category	Name & Class	Event	Position
Under 19 (Girls)	Uthra Ramkumar (X M) Surubhi Agarwal (VIII H) Aayushi Tagore (IX D)	Team	Silver
Under 19 (Boys)	Daksh Sharma (IX H) Tanish Kabra (X M) Eshaan Lankar (XI E) Divyeash Ganapathi (XI E)	Team	Bronze
Under 19 (Boys)	Daksh Sharma (IX H)	Singles	Bronze
Under 19 (Girls)	Uthra Ramkumar (X M)	Singles	Bronze
Under 17 (Girls)	Devangi Bhaduri (IX N)	Singles	Bronze





CBSE South Zone-II Badminton Championship

Our school participated in the CBSE South Zone-II Badminton Championship, organized by the Oxford School, Trivandrum, from December 6 to December 9, 2022. Our school's students showed tremendous performance and qualified for the nationals, which will be held in Rajasthan.

Results are as follows:

Under 19 Boys Team: Winners

Under 19 Girls Team: Winners

Under 17 Boys Team: Winners

Under 14 Girls Team: 2nd Runners-Up

Congratulations to all!!!



CBSE 8th Cluster Kabaddi Championship

We are excited to let you know that from December 9 to December 11, our school competed in the CBSE 8th Cluster Kabaddi Championship, which was hosted by Tyagaraj Central School in Bidadi. Both the boys' and girls' kabaddi teams from our school performed admirably. The boys' team finished as the second runner-up in the competition.

Congratulations to the team!!!!



CBSE South Zone II Chess Championship

We are delighted to inform you that our school won the CBSE South Zone II Chess Championship 2022-2023, hosted by Soundarya School from December 12th to 14th.

Under 19 Boys category - Champions

Under 14 Open category - Champions

Under 19 Girls category - Runner-up

Under 17 Boys category - Runner-up

All of the above categories were chosen for Nationals.

Congratulations!!!





CONGRATULATIONS!

CBSE South Zone II Shooting Tournament

Our shooting team participated in the CBSE South Zone II shooting competition organized by Jain Heritage School Belgavi from 16th to 18th December 2022 and all shooters in our team qualified for nationals.

1. Shaurya Walia (IX) - Silver medal in 10mts pistol Under 17 Boys.
2. Shaurya Sanjay Dhanavade (VIII) - Bronze in 10 mts rifle shooting Under 17 Girls.
3. Siddharth Saravana (VII) - Bronze in 10mts rifle shooting Under 14 Boys.

Congratulations to the winners!!



INDIVIDUAL ACHIEVEMENTS

CHESS

AARAV SAISH AMONKAR GRADE V

Aarav received 50 fide points in the rapid category and finished fifth in the under 1200 fide rating division of the All India Fide Rapid Tournament with 5/9 points.

Aarav, congratulations!



Below 1201

S No	Name	Rank	Rating	Club	Points	Prize Money
1	Yatharth Jain	53	1172	Karnataka	6	5000
2	Pavanputhiran	65	1174	Karnataka	5½	4500
3	Ishaan Kher	83	1103	Karnataka	5½	3500
4	Isshaan Arun	84	1125	Karnataka	5½	3500
5	Aarav Saish Amonkar	91	1193	Karnataka	5	3000

CRICKET

ANANTH SUBRAMANIAN GRADE X

We are pleased to announce that Ananth Subramanian, a student in grade X, has been chosen to play for the Under 16 Karnataka state team.

Congratulations Ananth!



**TEAM LIST FOR THE
BCCI - MEN'S UNDER 16 VIJAY
MERCHANT TROPHY 2022 - 23**

PFA Team List.

The following players have been selected to represent "KARNATAKA" in the above mentioned tournament matches which is to be held at Vidarbha from 1st to 23rd Dec 2022.

Sl No	Player Name	Role	Club
1	Ananth S		Rajajinagar Cricketers
2	Ananth S		Bangalore Sports Club
3	Ananth S		Vultures Cricket Club
4	Siddesh A Asalkar		Dharwad Zone / Social Cricketers
5	Dalvik S		The Bangalore Cricketers
6	Aniketh Reddy		Raichur Zone / Vijaya Cricket Club
7	Anirav Sharma	(WK)	Bangalore Sports Club
8	Rishabh B Nayak	(WK)	Mangalore Zone / Visweswarapura
9	Akashth Prabhakar		Vijaya Cricket Club
10	Manikantth Shivanand		Dharwad Zone / Vultures Cricket C
11	Eesa H Pulhige		Coimbatore Cricket Club
12	Samyak Vellalore		Vijaya Cricket Club
13	Tejas KA		Rajajinagar Cricketers
14	Mohammad Ibrahim Rayyan		Shivanogga Zone / Cambridge Cr
15	Himesh R		Mysore Zone / Swasthi Union Crick

Coach	: Sri. Kunal Kapoor
Strength & Conditioning Coach	: Sri. Snehit Rai
Physiotherapist	: Sri. Gowtham HS
Manager	: Sri. Sumanth PV

The above players and support staff are to report to the Coach on Saturday, 10th November 2022 at 8:30 AM at KSCA "A" grounds.

(Signature)
Hon. Joint Secy




SAINA KAPOOR
GRADE IX

We are proud to announce that Saina has been selected to play for Karnataka in the Under 15 Women team.

Congratulations Saina!



 THE KARNATAKA STATE CRICKET ASSOCIATION
M. Chinnaswamy Stadium, Cubbon Road, Bangalore - 560 001

17th December 2022

BCCI UNDER - 15 WOMEN'S ONE DAY TROPHY, 2022 - 23


The following players have been selected to represent "KARNATAKA" in the above mentioned tournament matches which is to be held at Rajkot from 26th December 2022, to 3rd January 2023.

M/s

1	Vandita K Rao	(Captain)
2	Rimjhim Shukla	(Vice Captain)
3	Inchara CU	
4	Bhavika Reddy	
5	Lavanya Chalana	
6	Shreya S Chavan	(WK)
7	R Harshittha	
8	Sakshi Munavalli	
9	Veda Varshini	
10	R Pragna Veera Brahmini	
11	Rakshita Moondra	
12	Shreya Pote	
13	Priya S Chavan	
14	Saina Kapoor	
15	Prarthana S	(WK)

Coach : Miss. Vanitha VR
Physiotherapist : Miss. Pooja S
Strength & Conditioning Coach : Miss. Preethi B

NOTE: All the above players and support staff are to report to the Coach on Monday, the 19th December 2022, at 02:00 PM at KSCA "B" ground.


Hon. Joint Secretary

Copy to:

- 1 All the above Players
- 2 Junior Women's State Selection Committee
- 3 Miss. Vanitha VR, Coach
- 4 Notice Board
- 5 Press for the favour of notification

KARATE

ARUNDHATI MOORTHY GRADE VIII

Arundhati participated in Sikka Bangalore Open 4th National Level open Karate on 25th September and secured gold in Individual Kata 14 years category.

Congratulations Arundhati !!



MADHAV UMESH GRADE VII

Madhav won first prize and gold medal in Individual Kata and 3rd place bronze medal in Kumite in Karnataka State Karate Championship which was held in Koramangala Builder's NGV Club on the 10th and 11th of December 2022.

Well done Madhav !!



ARJUN P R
GRADE VI

Arjun participated in the Bengaluru Kempegowda Cup 2022, the second National Open Karate championship, which was held on November 27 and was organized by the Bengaluru Shotokan Karate-Do academy. He took first place in the Grand Championship for the age group of 10 to 18 years.

Congratulations Arjun!!



**VISHNU
GRADE IV**

Vishnu Moorthy participated in the 13th State level Karate Championship 2022 conducted by Akhila Karnataka sports Karate association on 5th November 2022 and secured a bronze medal in Individual Kata 9 years category. He ranked 3rd in Karnataka state under his category. He also participated in Sikka Bangalore Open 4+ National Level open Karate on 25th September and secured Gold in Individual Kata 9 years category.

Congratulations Vishnu!!!



EVANNA LIZ SAJEEV
GRADE IV

Evanna secured the 8th Kyu Yellow Belt in the Karate belt exam at the event conducted by Zen Fitness on 27th November 2022.

Congratulations Evanna !!!



**ISHIKA GUPTA
GRADE I**

Ishika participated and won 3rd prize in a National Level Karate Competition (Under 7 age group and for Katha) organized by the Karate Combative Federation(India) on 11th November ,2022.

Congratulations Ishika !!!



JASTEGH SINGH BASSON GRADE I

Jastegh participated in Bengaluru Kempegowda Cup, 2nd Open National Karate Championship held on 27th November 2022 and secured a gold medal in individual kata competition in the age category of 6-7 years.

Congratulations Jastegh !!!



SERAH TRESA ALEX GRADE X

We are happy to inform you that Serah Tresa Alex of X Q won ‘the best female Taekwondo player’ (Under 18) in the Karnataka State Championship held on November 26th, 27th & December 4th with 4 Gold medals and 2 Silver medals.

She has been chosen to represent India in the next Asian and World championships which will be held in Srilanka (April) & Kazakistan (August) 2023. She was also the state & national champion of 2021.

Congratulations and all the best wishes to Serah!



**SAM JOSEPH ALEX
GRADE VII**

We feel proud to share that Sam won 1 gold, 1 silver, and 2 bronze medals in the 21st Karnataka State Championship held on November 26, 27, and December 4 in Bangalore.

We wish him many more accolades in the future.
Well done Sam!



KUNG FU

BHAVAN N GRADE VI

Bhavan participated in the 2nd Karnataka state Kuoshu Kung fu championship 2022 held on the 3rd and 4th of December at Bangalore. He secured a silver medal in Toulu 2 class 6th level championship and a bronze medal in Light contact Sanda events.

Congratulations Bhavan !!



SURABHI TIWARI
GRADE V

Surabhi won two gold medals and one silver medal in the 2nd Karnataka State Kuoshu Kungfu Championship on 3rd December 2022. She was awarded a black belt in the Kungfu exam conducted by International Academy for Learning Martial Arts Manipur on 4th December 2022.

Congratulations Surabi!!



**NIHARIKA. K
GRADE III**

Niharika participated in the 2nd Karnataka State Kuoshu Kung Fu Championship 2022 held on 3rd and 4th December 2022 at Bangalore and secured a silver medal in Toulu 2 level championship.

Congratulations Niharika!!!



**NAYSHA KAPOOR
GRADE II**

Naysha participated in the 2nd Karnataka State Kuoshu Kung Fu Championship 2022 held on the 3rd and 4th December, 2022 at Bangalore, and secured two silver medals.

Congratulations Naysha!!!



SHOOTING

SHAURYA SANJAY DHANABADE GRADE VIII

Shaurya qualified for the National Selection Trials with a score of 608.7 in the National Championship 10M Rifle Shooting event held in Thiruvananthapuram on 6th December. She will now represent DPS East at the CBSE meet in Belgaum.



Congratulations Shaurya!



<p>S CHARU HAS 97.7 97.4 96.2 95.3 96.5 98.2 #60 8.8 581.3</p>	<p>JANYA MIND 95.1 98.5 97.8 96.7 95.3 18.3 #52 8.4 501.7</p>	<p>PRE RANA PAW 99.5 96.2 97.4 98.4 99.4 78.4 #58 9.3 569.3</p>	<p>SIYA 99.0 101.8 97.2 98.5 97.5 20.2 #52 10.0 514.0</p>	<p>NEHA GANGW 95.9 93.8 92.4 97.1 98.9 98.0 #60 10.9x 567.1</p>
<p>ANIKA SHAR 101.2 104.1 102.8 104.0 98.3 100.3 #60 10.0 610.7</p>	<p>MANJOT KAU 98.1 95.1 95.6 95.2 94.0 8.8 #51 8.8 487.8</p>	<p>SHEKH SANI 99.2 98.3 98.0 97.9 95.3 97.3 #60 9.8 586.0</p>	<p>SHAURYA DH 100.8 100.0 101.8 104.2 102.9 99.2 #60 10.2x 608.7</p>	<p>ARIKTA SING 98.5 102.0 99.7 96.8 96.4 100.5 #60 10.6x 593.9</p>

SKATING

SOHAM PENUJURI GRADE I

Soham participated in the Skating Competition conducted by Decathlon on the eve of Children's Day and bagged 3rd place in his age group.

Congratulations Soham!!!



GOLF

NAYONIKA GRADE IX

Nayonika of Grade IX The Indian Golf Skill Competition was held on December 21 and our student Nayonika of grade IX won the competition. Congratulations Nayonika!!



KREEDA 2022

Never say never because limits, like fears, are often just an illusion.”

– Michael Jordan

Delhi Public School Bangalore East celebrated KREEDA, the Annual Sports Day on 19th November 2022 amidst thrills, shrills, and cheers post-pandemic. Dr. C. Honnappa Gowda, a famous sports personality, Arjuna Awardee, and a Member, of the All India Council of Sports, Govt. of India embellished the event. KREEDA was also graced by Mr. Mansoor Ali Khan, an esteemed Member of the Board of Management DPS Bangalore/Mysore and School of India, and Ms. Tasbia Mansoor.



This noteworthy occasion proved to be an opportunity to teach a sense of sportsmanship, competitive spirit, leadership, meticulousness, cooperation, discipline, and team spirit among our students.

The event also boasted performances like the Bike Pyramid presentation by the teachers of the Sports Department, a Horse Equestrian performance, and a special Yoga presentation by the students of DPS Bangalore East. From the perfectly coordinated March Past, and the exciting races to the well-synchronized drills based on different dance forms of India, each and every performance enthralled us all. The students displayed their vigour, zeal, and strength in diverse sporting activities.

The Godavari House bagged the trophy for The Best March Past and the Narmada House was the Runner-Up. The Godavari House was also declared the Overall Winner.

As we witnessed the spectacular and fantastic performances by our children, the loud cheering and tons of encouragement from parents and friends for our young sportsmen added to the grandeur of KREEDA. This splendid event was a result of relentless efforts put in by the students and teachers. We applaud the students for the commendable performances they put forth to make the Annual Sports Day - KREEDA a grand success.

Congratulations to all the winners!



A LETTER OF GRATITUDE!!!!

Dear sir,

GM Pranav Anand represented India in the Asian Continental Championships from October 25, 2022, to November 3, 2022. He finished in the top 10 in a very strong field where many Indian GMs played. He gained 10 Elo points and currently is rated at 2512.

He has been invited to play at Groningen Chess Festival in December 2022. He has got his visa and will travel on December 20, 2022.

We are also very happy to let you know that **Vishy Anand's WACA Academy** has enrolled GM Pranav Anand to be part of their classes. He now attends classes twice/thrice a week under Vishy Anand sir's guidance. We hope that under Anand sir's additional guidance, the growth trajectory will improve significantly. His current coach Saravanan continues to work with Pranav.

We thank you for your continued encouragement and support and look forward to more success and celebrations in the near future.

Thank you,
Anand. A
GM Pranav Anand's father



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