



DELHI PUBLIC SCHOOL BANGALORE EAST

SPORTS NEWSLETTER

JANUARY 2023

“The more difficult the victory, the greater the happiness in winning”
-Pele



MESSAGE

“Reading is to the mind what exercise is to the body.”

- Joseph Addison

Dear Parents,

Physical Education that is taught in school focuses on the development of the students and their ability to perform and enjoy various physical activities. The goals of PE include teaching students how to lead active, healthy lives, developing physical skills and knowledge, and fostering a love of physical activity.



Physical education classes typically include various activities, such as team sports, individual sports, fitness activities, and games. These activities are designed to improve students’ physical fitness, including cardiovascular endurance, strength, flexibility, and coordination. In addition to the physical benefits, PE also helps students develop essential life skills such as teamwork, communication, and problem-solving.

The physical education curriculum is designed to meet the needs of all students regardless of their abilities and is socially inclusive and emotionally supportive. PE teachers are trained professionals who teach students how to engage in physical activity in a safe and effective way. They provide guidance and support to students as they work to improve their physical fitness and skills.

Some schools also incorporate health education into their physical education programs which can help students learn about healthy living and making positive choices for their overall well-being. Additionally, it promotes positive self-esteem, and healthy habits and contributes to academic success in school.

Warm Regards

Ramamani. N

Physical Education Teacher

Department of Physical Education

EXTRAORDINARY FEAT!!!

GM Pranav Anand Wins Groningen Chess Festival Open A in the Netherlands in December 2022!!!

GM Pranav Anand wins Chess Festival Open A at Groningen, Netherlands. Pranav Anand finished unbeaten with 7.5/9 points. He won €2000 and the Silver Zwanepol trophy.

Top 3:

1. GM Pranav Anand IN 7.5/9
2. GM Hagen Poetsch DE 7/9
3. IM Nico Zwiers NL 6/9

Pranav finished with a performance rating of 2631 gaining 12.9 points and ending 2022 with FIDE rating of 2525. He continues to be ranked in the top 50 in the World Juniors ranking published at <https://ratings.fide.com/profile/46626786/top>.

[Click here](#) to see the results of the tournament.

Congratulations to Pranav!



Player info

Name	Pranav Anand
Title	GM
Starting rank	1
Rating	2512
Rating national	0
Rating international	2512
Performance rating	2631
FIDE rtg +/-	12,9
Points	7,5
Rank	1
Federation	IND
Ident-Number	0
Fide-ID	46626786
Year of birth	2006

Rd.	Bo.	SNo	Name	Rtg	FED	Pts.	Res.	w-we	K	rtg+/-
1	1	22	Shakhverdian William	2143	NED	4	☐ 1	0,10	10	1,00
2	1	10	IM Maatman Nick	2348	NED	5	■ 1	0,28	10	2,80
3	1	2	GM Poetsch Hagen	2478	GER	7	☐ ½	-0,05	10	-0,50
4	1	13	FM Van Roon Sjoerd	2297	NED	5	■ 1	0,23	10	2,30
5	1	17	FM Ratsma Midas	2218	NED	5	☐ 1	0,15	10	1,50
6	1	3	IM Zwirs Nico	2474	NED	6	■ ½	-0,05	10	-0,50
7	1	5	GM Kovchan Alexander	2450	UKR	5,5	☐ ½	-0,09	10	-0,90
8	2	9	IM Macak Stefan	2361	SVK	5	■ 1	0,30	10	3,00
9	1	4	IM Buckels Valentin	2455	GER	5,5	☐ 1	0,42	10	4,20

Congratulations!

A Tribute to the Eternal King-The Legendary Pelé

“Pele doesn’t die.

Pele will never die.

Pele is going to go on forever.”

Pelé, also known as “O Rei” or “The King of Football”, passed away on 27th December 2022. He was a retired Brazilian footballer. A worldwide phenomenon, he made several valuable contributions to the world of football. He was the best-paid and most renowned athlete of his time. He was a key player in the Brazil national team which won the FIFA World Cup thrice. Scoring over 1,281 goals during the span of his career, he is the most successful league goal scorer in the world.



Born Edson Arantes do Nascimento, he was the elder of two children. Despite living in poverty, he did not give up on pursuing his passion. Due to his unique and energetic style of play, he has been known to link the phrase, “The Beautiful Game” with football. He could easily anticipate other players’ moves and possessed great kicking power and accuracy. In addition to this, he was hard-working, an exceptional goal-scorer, and an excellent forward. His leadership and sportsmanship on the field were commendable.

In spite of being rejected by major league clubs in Sao Paulo, he joined the Santos Football Club and won six Sao Paulo league championships. He made his international debut at 16, having an immediate and significant impact as soon as he reached the field. At the age of 17, he is the youngest player to score in a World Cup match. In the 1966 World Cup, rough play and injuries led him to contemplate retiring, but he played one more World Cup in 1970, teaming up with young stars to win Brazil’s third title and receive the Jules Rimet trophy.

For his commendable play and penchant for goals, he was given the Ballon d’Or (best player in the world) award in 1970. He was named among the FIFA 100 greatest living players in 2004. In view of his countless contributions to the world of football, the International Olympic Committee (IOC) named him as ‘the athlete of the century’. He was appointed as a UNESCO Goodwill Ambassador and played a vital role in the formulation of the “Pele law”, which aimed to reduce corruption in football.

His contributions to the world of football and society alike have been immeasurable. A great sportsman and an even better person, he is truly an inspiration.

By Mahalakshmi Manikandan
Grade XI J



CBSE-CLUSTER TOURNAMENTS

CBSE South Zone-II Tennis Tournament

We are delighted to inform you that our school participated in the CBSE South Zone-II Tennis tournament, organized by Delhi Public School Bangalore North on 24th December 2022 at Sathnur Tennis Academy. Our students excelled and qualified for the national competition, which will take place in New Delhi.

The results are as follows:

Under 19 Girls Team -Winners
Under 19 Boys Team -Runner up

Under 19 Girls team was represented by:

- Presha Shantamoorthi (X G)
- Kashish Kant (X H)
- Mahika Reddy (X Q)

The finals of the championship were held between DPS East and DPS North and we won it by 2-0. The championship was the best of 3 matches, 2 singles and 1 double.

Presha Shantamoorthi played the first singles and won easily with a score of 7-0.

The second single was played by Kashish who won it easily with a score of 7-1. The Doubles match was not required.

DPS East is proud of our girls who played brilliantly and won the championship outrightly, qualifying for the cluster nationals in Delhi.

Congratulations! Good luck and best wishes for all future endeavors.





CBSE South Zone II Football Tournament

Our Under 19 Girls' Football team participated in the CBSE South Zone II Football tournament and showed their talent by finishing in third place.



CBSE Clusters VIII Football Tournament

We are thrilled and excited to share this incredible accomplishment made by our Under 19 Boys' Football team at the CBSE Cluster VIII Championship organized by Lovedale Central school, Belgaumin in Belgavi. Our team won back-to-back games continually without conceding a loss. Also we did not allow a single goal during the entire tournament. The final match was played against the Yenopaya Mangalore Fc team.

Our team is all set and geared up for CBSE nationals, which will be held in Rajasthan from 8th January 2023.

Best wishes for the upcoming matches!



CBSE National Gymnastics Tournament

Anvi Mittal and Aratrika Basak of grade V represented our school in the Under 11 category at the CBSE National Gymnastics tournament held between 24th to 27th December 2022, organized by the Gaudium School Telangana and performed admirably.

Congratulations to both!!



CBSE National Badminton Championship 2022-23

We are delighted to inform you that our school competed in the CBSE National Badminton Championship, which was organized by the Jhunjhunu Academy in Jhunjhunu, Rajasthan from January 13th to January 16th, 2023. Our students did exceptionally well and won numerous prizes. The results are as follows:

Under 17 Boys Team : Bronze

1. Siddharth Gunturi (X I)
2. Arnav Shukla (X M)
3. Subudh Sethi (X O)
4. Agastya Chakraborty (X)

Under 19 Boys Mixed Doubles- Bronze

1. Raghavendra Kamurthy (XI D)





National CBSE Chess Championship

Our School Under 14 Chess team secured second place in the National CBSE Chess Championship which was held at Brookfield International School, Chandigarh.

The following students participated in the tournament.

1. Aarav Saish Amonkar (V B)
2. Karthik G Iyer (VI Q)
3. Shreya Rajesh (IV H)
4. Yuvaan Fabian (VIII J)
5. Ruchir Nadikatka (VI P)

Ruchir Nadikatla won the Board prize in the 5th board.

Congratulations to all!!!

[Click here](#) to watch the prize-giving ceremony.



CBSE Cluster VIII Basketball Tournament

Our school took part in the CBSE Cluster VIII Basketball Tournament for Under 19 Boys and Under 19 Girls which was organized by the Shree Swaminarayan International School, Gulbarga from 9th December to 11th December 2022.

Our boys' team finished in second place, and our girls' team took third with a bronze medal.

Congratulations to the teams!!!



INTER-SCHOOL TOURNAMENTS

Ramesh Padukone-Mehul Shirur Inter-School Badminton Tournament

Our school participated in the 17th Ramesh Padukone-Mehul Shirur Inter-School Badminton tournament which was organized by Prakash Padukone Management from 17th December to 24th December. Our students excelled and took home awards in both teams and individual events.

The results are as follows:

Team events Under 10 (Girls) Under 12 (Girls) Under 16 (Boys) Under 16 (Girls)	 Winners Runner-up Winners Runner-up
Individual events Under 14 (Girls) - Singles Under 14 (Girls) - Doubles Under 16 (Boys) - Singles Under 16 (Boys) - Doubles	 Tanya Bijoy-Winner Tanya Bijoy/Selvitha-Winners Siddharth Gunturi-Winner Siddharth Gunturi /Arna-Winners





SNAP SHOTS

Gunturi bags fine double

Siddharth Gunturi bagged an impressive double, winning the boys U-16 singles and doubles titles at the 17th Ramesh Padukone-Mehul Sirur memorial inter-school badminton tournament in Bengaluru on Saturday. Siddharth defeated Kaustubh Gautham 21-18, 21-14, to win the singles crown and partnered with Arnab Shukla to beat Kaustubh Gautham and Pranav M 21-16, 21-15 to win the doubles event.

Results Singles (all finals): Boys: U-10: Daksh C Dhotrad bt Vajrith Gowda 21-19, 18-21, 21-11; U-12: C Vihvan bt Adrien Edward 21-1, 21-7; U-14: Pranav M bt Kishal Athreya 21-13, 21-11; U-16: Siddharth Gunturi bt Kaustubh Gautham 21-18, 21-14.

Girls: U-10: Janyashree B bt Vishrithi Kaveramma 23-21, 21-12; U-12: Shreya Kandibilla bt Keerthi Balaji 21-18, 18-21, 21-15; U-14: Tanya Bijoy bt Anika Teja Narayana 19-21, 21-17, 21-18; U-16: Haritha S bt Mounitha A S 18-21, 21-9, 21-12.

Doubles (all finals): Boys: U-12: Gautham S Nair/Siddharth S Nair bt Aryan Raghavan/C Vihvan 21-17, 21-13; U-14: C Vihvan/Pranav M bt Pradyot R/Shaurya Mandira 21-19, 21-15; U-16: Arnab Shukla/Siddharth Gunturi bt Kaustubh Gautham/Pranav M 21-16, 21-15. Girls: U-12: Shreya Kandibilla/Vishrithi Kaveramma bt Aarini Sagar/Aditi Ballar 21-9, 21-8; U-14: Selvita Seridena/Tanya Bijoy bt Mrudula B Acharya/Shreya Kandibilla 21-18, 21-19; U-16: Supriya S/Sanjana Sanjay Bhat bt Lamya K/Rohitha R 21-10, 21-7.





RFYS Cup - Reliance Football Tournament

The Under 19 DPSE Football team achieves yet another triumph! Our school team competed in the Reliance Football tournament and attained the highest level title by defeating St John's Composite PU college in a nail biting thriller match.



Grade XII C student, Gautam Rajesh earned the Golden Boot.



Golden Ball was awarded to Gurveer Singh of XII N



Dhyan Vikram of XI D won the Man of the match title.



Congratulations to all the team members!!!

Chaturang Chess Championship

We are delighted to inform you that our school participated in the Chaturang Chess Championship organized by the School of India on 21st January. Our students secured the below-mentioned rankings in different categories:

Under 9 category:

Nila K (III L) -1st place

Inesh Majumder (III F) – 3rd place

Under 11 category:

Shashwat Singh (III A) -2nd place

Under 15 category:

B Chaitanya Vihari (VIII L) -1st place

Under 17 category:

Yash Dnyanesh Chaware (IX J) -1st place

Adarsh Sreeram (IX J) -2nd place



Congratulations to the winners!!

INTER-HOUSE TOURNAMENTS

DPS East Annual Inter-House Snooker Championship 2023



DPS EAST ANNUAL INTER-HOUSE SNOOKER CHAMPIONSHIP 2023



Medals and Certificates for 1st, 2nd & 3rd Place

SUB JUNIORS - BOYS & GIRLS			
POSITION	NAME	GRADE	HOUSE
Winner	Yuvaan Sambi	4 - IGCSE	Blue
Runner	Monish Gummadi	4	Green
Third	Samaksh Garg	4 J	Blue
Fourth	R Aashka	5	
JUNIORS - BOYS & GIRLS			
POSITION	NAME	GRADE	HOUSE
Winner	Ayansh Jain	6 B	Yellow
Runner	Arnav Agarwal	7 H	Blue
Third	Kuber Khanna	7 - IGCSE	Green
Fourth	Sahej Singh Bisen	7 - IGCSE	Blue
SENIORS - BOYS & GIRLS			
POSITION	NAME	GRADE	HOUSE
Winner	Arav Chatterjee	11	Yellow
Runner	Ankur Singh	11 L	
Third	Rajendra Jain	10	Yellow
Fourth	Nikhil Ramakrishnan	9 P	



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SUB JUNIORS - BOYS & GIRLS			
POSITION	NAME	GRADE	HOUSE
Winner	Yuvaan Sambi	4 - IGCSE	Blue
Runner	Monish Gummadi	4 L	Green
Third	Samaksh Garg	4 J	Blue
Fourth	R Aashka	5 S	Yellow





DPS EAST ANNUAL INTER-HOUSE SNOOKER CHAMPIONSHIP 2023



Medals and Certificates for 1st, 2nd & 3rd Place

JUNIORS - BOYS & GIRLS			
POSITION	NAME	GRADE	HOUSE
Winner	Ayansh Jain	6 B	Yellow
Runner	Arnav Agarwal	7 H	Blue
Third	Kuber Khanna	7 - IGCSE	Green
Fourth	Sahej Singh Bisen	7 - IGCSE	Blue



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Medals and Certificates for 1st, 2nd & 3rd Place

SENIORS - BOYS & GIRLS			
POSITION	NAME	GRADE	HOUSE
Winner	Arav Chatterjee	11 K	Yellow
Runner	Ankur Singh	11 L	Yellow
Third	Rajendra Jain	10 M	Yellow
Fourth	Nikhil Ramakrishnan	9 P	Yellow



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Congratulations to the Champions!!!!

INDIVIDUAL ACHIEVEMENTS

GOLF

**NAYONIKA
GRADE IX**

Nayonika won the KGA-IGU-Junior Golfers Skills Competition on 21st December organized at KGA Bangalore.

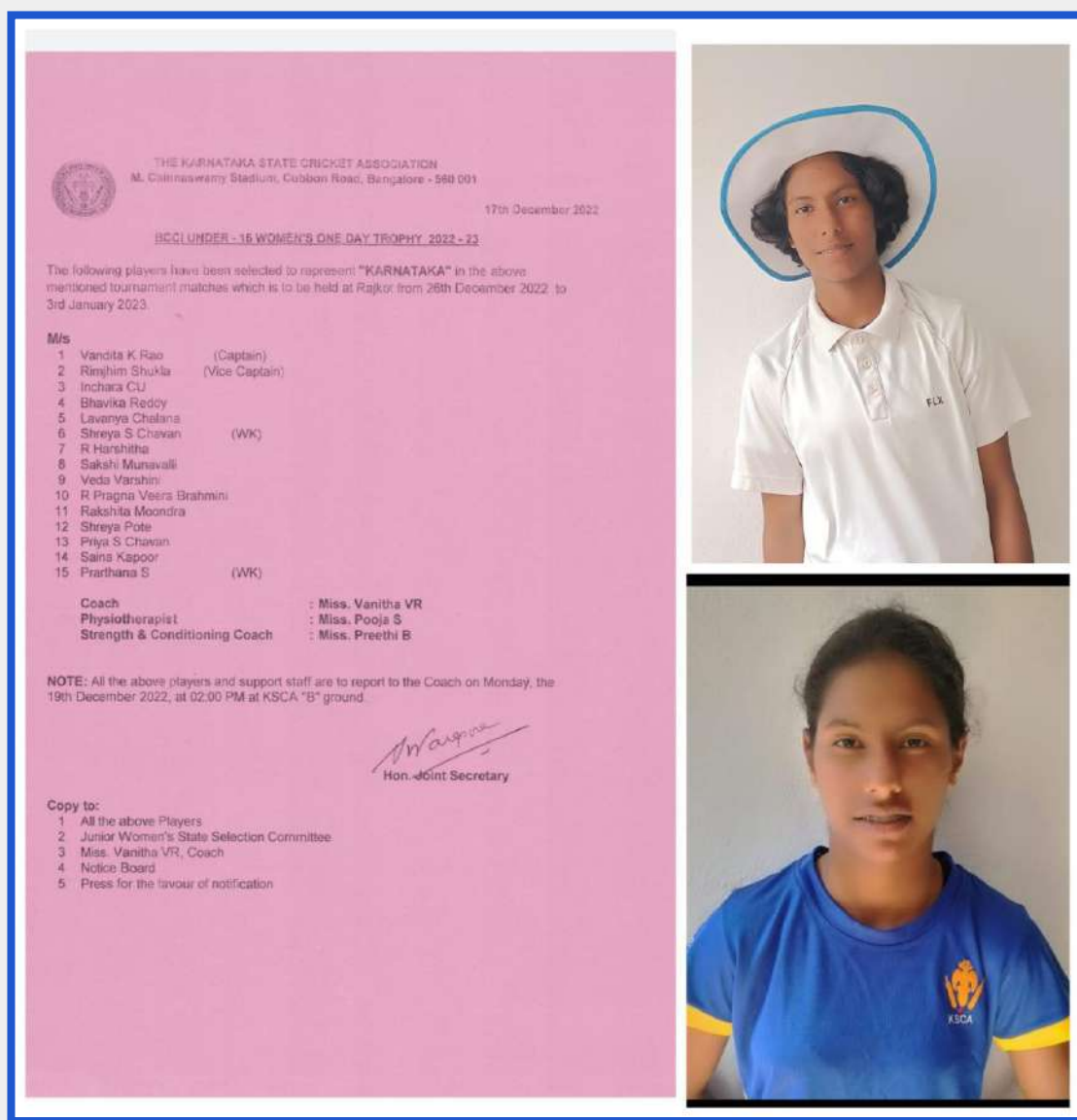
Congratulations !!



CRICKET

SAINA KAPOOR GRADE IX

We are pleased to share yet another golden moment for Delhi Public School Bangalore East. Saina, one of our talented students has proved her mettle and has been chosen to be part of the Under 15 State Cricket Team representing Karnataka at the BCCI Under 15 Women's One Day Trophy 2022 to be held at Rajkot from 26th December to 3rd January 2023. She will be representing the team as a bowler and all-rounder. She will make us proud with her performance as always. DPS East Management, the Principal, faculty members, and staff would like to take this opportunity to wish her all the best.



THE KARNATAKA STATE CRICKET ASSOCIATION
M. Chinnaswamy Stadium, Cobbon Road, Bangalore - 560 001
17th December 2022

BCCI UNDER - 15 WOMEN'S ONE DAY TROPHY - 2022 - 23

The following players have been selected to represent "KARNATAKA" in the above mentioned tournament matches which is to be held at Rajkot from 26th December 2022 to 3rd January 2023.

M/s

1	Vandita K Rao	(Captain)
2	Rinshim Shukla	(Vice Captain)
3	Inchara CJ	
4	Bhavika Reddy	
5	Lavanya Chalana	
6	Shreya S Chavan	(WK)
7	R Harshitha	
8	Sakshi Munavalli	
9	Veda Varshini	
10	R Pragna Veera-Brahmini	
11	Rakshita Moondra	
12	Shreya Pote	
13	Priya S Chavan	
14	Saina Kapoor	
15	Prarthana S	(WK)

Coach	: Miss. Vanitha VR
Physiotherapist	: Miss. Pooja S
Strength & Conditioning Coach	: Miss. Preethi B

NOTE: All the above players and support staff are to report to the Coach on Monday, the 19th December 2022, at 02:00 PM at KSCA "B" ground.

M. Srinivas
Hon. Joint Secretary

Copy to:

- 1 All the above Players
- 2 Junior Women's State Selection Committee
- 3 Miss. Vanitha VR, Coach
- 4 Notice Board
- 5 Press for the favour of notification

BASKETBALL

KKRITHIK MAGESWARAN
GRADE X

We are pleased to announce that Kkrithik has been chosen to represent Karnataka state in the 37th Youth National Basketball Championship organized by the Basketball Federation of India held at Indore, Madhya Pradesh from December 21st to 27th 2022.

Best wishes to the aspiring player!



SHREYA RAJESH
GRADE IV

Shreya scored 7.5 from 11 matches in the National Under 9 girls' championship held at Indore winning Rs.4000 cash. Overall she was in 15th rank among 100 participants.

Congratulations Shreya!!!



CHESS

AARAV SAISH AMONKAR GRADE V

Aarav participated in Karnataka State Amateur Fide Chess Championship 2023 (Below 2000 fide rating) in the open category. He got 5.5/8 and won 3rd place in the 1000-1300 rating category. Aarav also got 89 ELO points in this tournament.

Congratulations Aarav!!!



ARIKESH GRADE I

Rikesh participated in the offline 5th HSM Memorial Rapid Chess tournament conducted by SML Chess Academy. It was a 7-round Swiss format time control 20+5. He won 4 rounds with a point of 4 out of 7 and achieved 5th position in the boys' Under 7 category and 7th position in the overall Under 7 category. He got a trophy and certificate for achieving 5th position.

Congratulations Rikesh!!!



KARATE

PRANAV CHATURVEDI GRADE III

Pranav participated in category 8 years in the 2nd State Level Karate Competition organized by AK-Shito-Ryu Karate Sports Association and won a silver medal in individual kata and 1st prize gold trophy at the State-Level Kumite.

Congratulations Pranav!!!



ABHINOBO BHATTACHARJEE GRADE VI

Abhinobho won silver in KATA and silver in Kummitte in National Karate Championship. Well done Abhinobho!!



GYMNASTICS

P.YASHVARDHAN
GRADE II



Yashvardhan participated in the 2nd edition of the Inter-School and Inter-Club Gymnastics Competition 2022-23 held on 13th December 2022 by Elite Squad Gymnastics Academy. He secured 2nd prize (silver medal) in the Skills & Springboard competition in the Under 8 years category.

Congratulations Yashvardhan!!!



DIVING

PLAKSHA TAMBE
GRADE IX R

Plaksha Tambe, an adventure enthusiast completed her Certified Open Water Diver Course from PADI. She has received her certificate, and diving license with a license number from PADI, Australia. The Open Water Diver course now allows her to assemble and use Scuba gear, handle common problems of underwater diving and respectfully approach marine life. The course requires you to be a proficient swimmer and know many techniques of swimming and underwater diving.

She completed all the mandatory requirements for 5 days in an open pool and ocean where she dived to a depth of 18 meters which improved her navigation and buoyancy skills. Plaksha's next adventure is to learn Advanced Open Water Diving Skills where she will get additional practice in deep ocean movements, practical navigation, and different techniques of diving while using a compass.

We are proud of you Plaksha!!

Warmest congratulations on your achievement.



THE 2022 FIFA WORLD CUP:

A TOURNAMENT FOR THE AGES!

The end of November brought with it a sense of anticipation as the whole world held its breath for the launch of one the biggest sporting events in existence.

The FIFA World Cup, organized by the Fédération Internationale de Football Association, is the most prestigious football tournament in the world. Held every four years, it is a highly awaited competition, with each World Cup being better than the last. The 2022 edition did not break this tradition, living up to and exceeding expectations with tension-filled matches, dramatic upsets, and ecstatic wins.



The tournament was kicked off by the opening ceremony, which not only consisted of a beautiful display of the culture, heritage, and values of the host country, Qatar but also showcased the universal love for football. The closing ceremony was just as—if not more—grand, with its elevating performances.

The matches leading up to the finale were thrilling and unpredictable, with unexpected losses of powerhouses—such as Argentina’s loss to Saudi Arabia, Belgium’s loss to Morocco, and Spain’s loss to Japan—raising the stakes. The infamous match between Argentina and Netherlands, dubbed ‘Battle of Lusail’, is another memorable event, with its 17 yellow cards making it a World Cup record. And not to mention the electrifying finale where Argentina and France fought neck and neck for the honour of being called the champions of the 2022 FIFA World Cup, in which Argentina came up on top with a glorifying win of 4-2 on penalties. Kylian Mbappé, Antoine Griezmann, Enzo Fernandez, and of course, Lionel Messi created history with their impressive plays.



There were several other hidden gems in this tournament—the Iran players’ silent protest and the inspiring view of the Japanese fans cleaning up after themselves to name a few. All in all, it can be agreed that this was an unforgettable FIFA World Cup, leaving us with joyful, upsetting, and touching memories as well as a lesson or two about sportsmanship, determination, and perhaps, cleanliness.

By Niharika Dasgupta
Grade XI M

