



DELHI PUBLIC SCHOOL BANGALORE EAST

SPORTS NEWSLETTER OCTOBER 2024



MESSAGE



"Champions are made from something they have deep inside them – a desire, a dream, a vision."

- Muhammad Ali

Dear Students, Parents, and the DPS Bangalore East Community,

At Delhi Public School Bangalore East, we believe that the true essence of life can often be discovered on the playing field. Sports offers invaluable life lessons beyond the thrill of victory - teaching resilience, perseverance, and self-reflection. In the arena of sports, challenges are embraced, setbacks serve as stepping stones, and each experience becomes an opportunity to learn and grow. Just as countless athletes have triumphed over adversities, our students continue to push their limits and achieve remarkable milestones, proving that with dedication, talent, and discipline, success is within reach.

We are immensely proud of our students who have excelled in recent CBSE Cluster, Zonal, and National sports competitions across multiple disciplines. Their passion, hard work, and unwavering determination have brought laurels to the DPS Bangalore East family and inspired our entire school community. From individual achievements in athletics to outstanding teamwork in sports, our students have exhibited exceptional skill, unity, and sportsmanship. Heartfelt congratulations to each of our young champions on these well-deserved accomplishments!

Our state-of-the-art sports facilities provide a platform not only for competition but also for the joy of participation and discovery. We encourage every student to dive into the world of sports, exploring the boundless opportunities it offers.

We extend our deepest gratitude to the management, our Principal, Dr. Manila Carvalho, our dedicated teachers, and sports coaches for their steadfast support in cultivating a thriving sports culture at DPS Bangalore East. Their guidance has been instrumental in creating an environment where our students flourish.

A special note of thanks to the parents, whose encouragement fuels their children's passion for sports. Your support is invaluable in shaping their journey, and we look forward to your continued involvement.

Let us celebrate these achievements and carry forward the spirit of sportsmanship, making sports an integral part of education. As we balance academics and athletics, we build confident, resilient, and well-rounded individuals, ready to take on future challenges with grace and grit.

Congratulations once again to all our champions, and here's to many more victories ahead!

With Best Wishes
Reshu Goyal
Headmistress

**INTERNATIONAL
SPORTS
ACHIEVEMENTS**

TENNIS

Our students, Presha Shanthamoorthi and Kashish Kant from Grade XII have made history by clinching the ITF J30 Doubles Title in Ethiopia held from 14th October to 20th October 2024. Well done!



CHESS

Shubh Laddha
Grade XI

Shubh has excelled in the European Chess Tournaments. He participated in three prestigious tournaments and achieved outstanding success in the Tournaments
Well done!

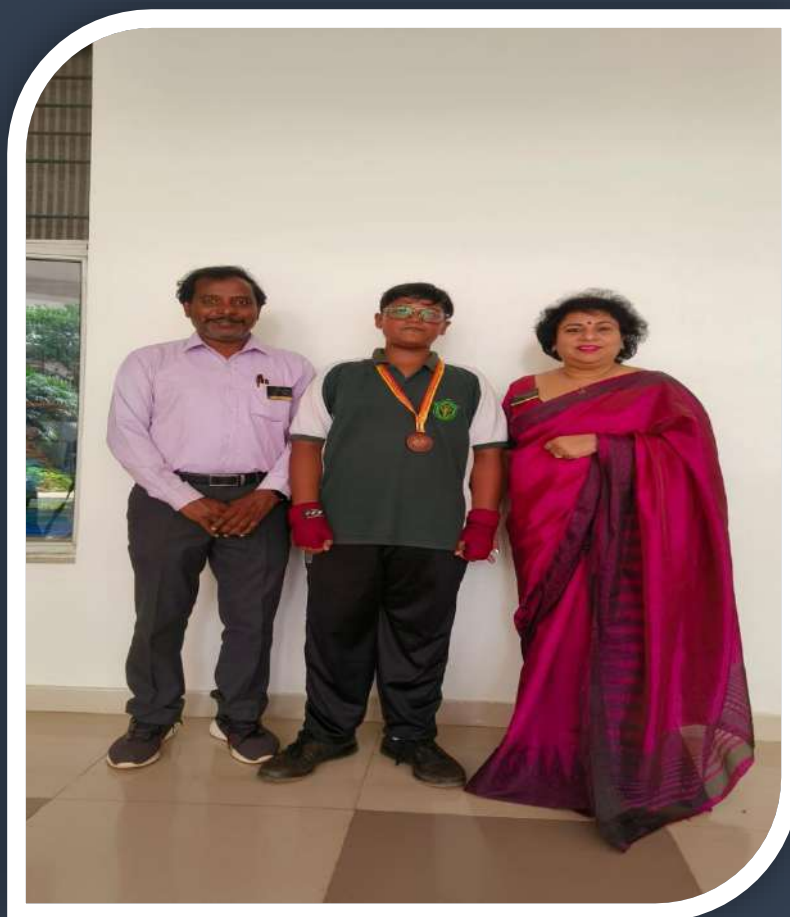


TAEKWONDO

Jheel Gupta
Grade IX

Jheel won a Gold medal at the VIFA GEWINN International Taekwondo Championship held in Goa.

Congratulations!



**NATIONAL
SPORTS
ACHIEVEMENTS**

BADMINTON

Aashi Das
Grade VIII

Neha Krupesh
Grade X

Aashi and Neha won the Gold in the Doubles U19 event at the recently concluded DPS National Girls Badminton Championship held at DPS Nacharam, Telangana.

Congratulations!



BADMINTON

Our students have secured 7 Medals across various categories at the CBSE National Badminton Championship 2024, held in Sendhwa, MP from 5th October to 10th October 2024. Congratulations!

Medal Tally:

Team Events:

U-19 Team: Silver Medal

U-14 Team: Bronze Medal

U-17 Team: Bronze Medal

Individual Events:

- U-14 Singles: Devansh Chowdhury – Silver Medal
- U-17 Singles: Rehan Aariz – Silver Medal
- U-19 Singles: Sankeerth P – Silver Medal
- U-17 Mixed Doubles: Anirudh Reddy C – Bronze Medal

CBSE National Badminton Medal Tally (Year-wise):

2019: 1 Medal

2022: 1 Medal

2023: 2 Medals

2024: 7 Medals

TENNIS

Our Tennis team showcased incredible talent at the CBSE National Tennis Championship 2024 held at Rishikul Vidyapeeth, Sonipat, Haryana, from 14th October to 17th October 2024.

Individual Glory:

Shreeniti Chowdhury emerged as the champion in the Under-17 Girls Singles winning the Individual Championship Title.

Team Success:

Our Under-17 Girls Team performed commendably to secure the Runner-up position. Congratulations!

- Shreeniti Chowdhury- Grade VIII P
- Adya Chourasia - Grade IX J
- Poojya Pannerkumar- Grade X B
- Liz Anne Anthony- Grade IX B







TENNIS

P Preethi
Grade VIII

Preethi has won the All India Tennis Tournament TS7 U-14 Girls Doubles title organised by MAT Sports, Bangalore from 28th of October to 1st of November 2024.

Congratulations!!





TENNIS

Nihal Reddy
Grade VI

Nihal secured the finalist trophy in the Boys Doubles U12 category at the AITA National Series Tennis Tournament! This achievement marks just the beginning of many illustrious successes to come. Keep shining!



SQUASH

Riyansika
Grade IX

Riyansika won the 3rd Position finish in the Sub-Junior/Junior National Squash Championship held in Kolkata.



CHESS

Shreya Rajesh
Grade VI

Shreya represented Karnataka at the Nationals Under 11 Girls Chess Championship held in Telangana from 4th to 10th October 2024.

Outstanding Achievement:

- Secured 6th position out of 200 players nationwide
- Scored 8.5/11 points in the classical format
- Increased FIDE rating by 75 points



CHESS

Rikesh Anand Grade III

Rikesh has excelled in the Panchajanya All-India FIDE Rapid and Blitz Tournaments. The events took place on 19th and 20th October, 2024. In the U08 category Rapid Tournament, he bagged the second prize securing 5.5 out of 9 points and in the Blitz Tournament, he clinched the fourth prize earning 5 out of 9 points.

Well done, Rikesh! Keep shining!



ARCHERY

The Archery team participated in the DPS National Archery Competition 2024-25 held at DPS Kollur, Hyderabad, and achieved outstanding results.

The Under-13 Indian Round Girls Team won the Silver Medal with amazing performances by:

- Tanya Nandakumar (VI P)
- Angel Susan Philip (VII S)
- Rushitha Reddy Yeddula (V O)

Additionally, in the individual events:

- Gold Medal in the Under-10 Indian Round Boys category was won by Hayaan Laksh Devarajan (III M)
- Bronze Medal in the Under-13 Indian Round Girls category was secured by Tanya Nandakumar (VI P)
- Silver Medal in the Under-15 Indian Round Girls category was won by T A Rithiha
- Gold Medal in the Under-17 Indian Round Boys category was won by Shreyas M K (XI P)

A huge congratulations to all our talented archers!



**STATE LEVEL
ACHIEVEMENTS**

WUSHU

Our students participated in the 13th Bangalore District Level Wushu Championship and in the 23rd Karnataka State Level Wushu Championship 2024 held in Bagalkot and won accolades.

Achievers:

- Grade VI G T Yugaan - 1st Position in Sub-Junior Category in both Sanshou and Taolu.
- Grade IX N T S Ganesan - 1st Position in Sub-Junior Category in both Sanshou and Taolu.

Congratulations!



SWIMMING

Ashi
Grade XI NIOS

Our student, Ashi participated in the Karnataka Para Swimming Competition held at Basavanagudi Swimming Pool on 2nd October 2024.

Results:

- Gold Medal in the 100-Meter Breaststroke
- Silver Medal in the 100-Meter Freestyle
(Both in the Special Junior Category)



SHOOTING

Devika Punj
Grade IX

Devika has participated in the 3rd Tumkur Open Shooting Championship 2024 and won a Gold Medal in the 10-Meter Air Rifle (Open Sight) Tumkur Open Shooting Championship.



BADMINTON

The Badminton team participated in the U13 State Badminton Championship and won accolades.

Results:

WINNER: Gautham (VII R)

RUNNER-UP: Siddharth (VII R)

DOUBLES WINNERS: Gautham and Siddharth



Congratulations!

CBSE CLUSTER

BADMINTON

The Badminton girls team won Bronze in the Badminton CBSE cluster team event, U17 and U14 event, in Kumaran School Bangalore.

Winning Team :

U14 Girls

- Shreya Gunturi - VII
- Aaradhya. S. - VI
- Hansika Panigrahi- V

Winning team members

U17 Girls

- Tanya Bijoy - IX
Anvi Bora -VIII
Varshana Balaji - XI



SHOOTING

Our students secured impressive results in the CBSE South Zone II Shooting Competition 2024 held at Sai Krishna Public School, Chenkal, Neyyattinkara from 25th September to 28th September 2024.

Team-wise Results:

UNDER 19 GIRLS (Air Rifle Peep Sight): First Position

- Team Score: 1110

- * Raniya Zikra Rahaman – Score: 357
- * Shaurya Sanjay Dhanavade – Score: 392
- * Ashlesha Patra – Score: 361

UNDER 17 GIRLS (Air Rifle Peep Sight): Third Position

- Team Score: 1015

- * Emma Elizabeth Anthony – Score: 383
- * Kanishka S – : Score: 248
- * Aradhana Ranjithkumar Pillai – : Score: 384

UNDER 14 GIRLS (Air Rifle Peep Sight): Fourth Position

- Team Score: 911

- * Avantika Roshin – Score: - 319
- * Siddhi: Score – Score: 251
- * Tarunika P S – Score: 341

UNDER 14 BOYS (Air Rifle Peep Sight): First Position

- Team Score: 778

- * Shivank Bhagat – Score: 385
- * Shrihan Ganesh – Score: 237
- * Aarav Maharana – Score: 156

UNDER 19 BOYS (Air Rifle Peep Sight): Second Position

- Team Score: 917

- * Lakshya Mishra – Score: 271
- * Suthirth Babu R – Score: 279
- * Pranav Vasanth R – Score: 367

Individual Rank Results:

UNDER 19 GIRLS (Air Rifle Peep Sight)

1. Shaurya Sanjay Dhanavade – 1st Position (Score: 392)

UNDER 14 BOYS (Air Rifle Peep Sight)

1. Shivank Bhagat – 4th Place (Score: 385)

UNDER 19 BOYS (Air Pistol)

1. Shaurya Walia – Second Position (Score: 358)

Total Wins: Secured 5 Team Ranks and

3 Individual Placements scoring among approximately 819 participants



ARCHERY

Shreyas M K
Grade XI

Shreyas participated in the CBSE South Zone II Archery Championship 2024-25 and won the Bronze Medal.



SKATING

Our skaters have participated in The CBSE SOUTH ZONE - II Skating Competition held at Shivganga Skating Rink Organised by Good Shepherd Central school Belagavi, karnataka and won 2 Silver Medals and 2 Bronze Medals

Winners:

- 1) T S Ganesan 9-N Silver Medal 🥈 (U-19 1000M quad skate)
- 2) Shreyas M K 11-P Silver Medal 🥈 (U-19 1000M speed inline skate)
- 3) Shaswanth P 12-O Two Bronze Medal 🥉 (U-19 500M and Road Race in Quad Skate)

Congratulations to all the winners!





CBSE CLUSTER HANDBALL

Our students participated in the CBSE Handball South Zone II Championship held at Sinhgad Public School, Solapur, Maharashtra from 21st September to 24th September 2024.

Results:

Under 19 Girls won the Second Runner-up Position and a Bronze Medal.





CBSE CLUSTER ATHLETICS

Our Athletics Team participated in the prestigious CBSE Cluster VIII Athletics Championship 2024, achieving remarkable success held from 26th September to 30th September 2024 in Davangere.

Results:

Total National Qualifiers: 6 Athletes.

Kasturi Velankar of Grade XII O

100m- Silver

200m- Bronze

4*100- Silver

Saanvi Chikkon of Grade X N

400m- Gold

4x100- Silver

4x400- Bronze

Ezzah CT of Grade IX E

4x100-Silver

4x400-Bronze

Saanvi Singhai of Grade X H

u17g 4x100 - Silver

u17g 4x400 - Silver

Raika Guruprakash of Grade VIII J

u14g 4*100 -Silver

Rasika Suraj of Grade X N

4x100 Silver

4x400 Silver

Sowmya Sahu of Grade X T

800- Silver

4x100- Silver

4x 400- Bronze

Lakshya Punia of Grade X U

4x400 – Bronze

Saadhvi Ravikumar of Grade VIII A
800m-Silver
4×100-Silver

Neel Palkonda of Grade VIII J
100-Silver
200-Gold

Janani Thoppur of Grade IX P
800- Bronze
4x100-Silver
4x400-Silver

Ria Matthew of Grade XI N
4×100 - Silver
4×400- Bronze

Gaurav Malhotra of Grade XII O
200- Silver
4*400- Bronze

Akshat Nambiar of Grade XII D
4*400- Bronze





CBSE CLUSTER CHESS

The Chess team participated in the prestigious CBSE South Zone II Chess Competition 2024 and achieved remarkable success.

Date: 13th - 16th Sep 2024

Venue: Davanagere

Category-wise Results:

- UNDER 11 - Girls: 3rd Place

1. Avyukta
2. Aditi Ashok
3. Mehak Kumar
4. Anaswara Sree Avinash

- UNDER 11 Mixed- Boys: 2nd Place

1. Rikesh
2. Cherith Manas Majeti
3. Aditya Ashok
4. Shashwat Jha

- UNDER 14- Girls: 1st Place

1. Paridhi Talanki
2. Raniya Zikra Rahaman
3. Keerthi Sahu
4. Tejaswi Vishwakarma

- UNDER 14 Mixed- Boys: 2nd Place

1. Sai Srikar Dharmavarapu
2. Ruchir Nadikatla
3. Shobhit Agilarasan
4. Karthik G Iyer

- UNDER 17 Mixed - Boys: 3rd Place

1. Nitin Gowtham
2. Tarun G
3. Keertan Purohit
4. Ishaan Bhowmik

- UNDER 19 Girls: 3rd Place

1. Shreya Rajesh
2. Ruhika Nadikatla
3. Amisha Gupta
4. Poojya Pannerkumar

- UNDER 19 Mixed - Boys : 1st Place

1. Aarav Saish Amonkar
2. Siddharth
3. Shubh Jayesh Iaddha
4. Pradhyumna Prakash

Board Prizes (Individual):

- Board 2: Avyukta (1st Place)
- Board 2: Aditya Ashok (3rd Place)
- Board 2: Paridhi Talanki (1st Place)
- Board 3: Raniya Zikra Rahaman (1st Place)
- Board 4: Tejaswi Vishwakarma (1st Place)
- Board 2: Ruchir Nadikadla (2nd Place)
- Board 4: Sai Srikar Dharmavarapu (1st Place)
- Board 4: Tarun G (2nd Place)
- Board 3: Shreya Rajesh (1st Place)
- Board 2: Aarav Saish Amonkar (1st Place)
- Board 3: Pradhyumna Prakash (1st Place)

Nationals Qualifiers:

4 teams qualified for Nationals in Punjab (Jalandhar) from 25-28 Oct 2024 :

- Under 11 Mixed (Boys) :

- Rikesh
- Aditya Ashok
- Cherith Manas Majeti
- Shashwat Jha

- Under 14 Girls :

- Paridhi Talanki
- Raniya Zikra Rahaman
- Keerti Sahu
- Tejaswi Vishwakarma

- Under 14 Mixed (Boys) :

- Sai Srikar Dharmavarapu
- Karthik G Iyer
- Ruchir Nadikadla
- Shobhit Agilarasan

- Under 19 Mixed (Boys) :

- Aarav Saish Amonkar
- Shubh Jayesh Laddha
- Pradhyumna Prakash
- Siddharth R

Total Qualifiers: 16 players

Delhi Public School Bangalore East Secured the Overall Championship title for the second consecutive year!

Congratulations!!





INTER-SCHOOL ACHIEVEMENTS

CHESS

Parvathy A R
Grade 1J

Parvathy excelled standing First in Madilu Inter School Rapid Chess Tournament.

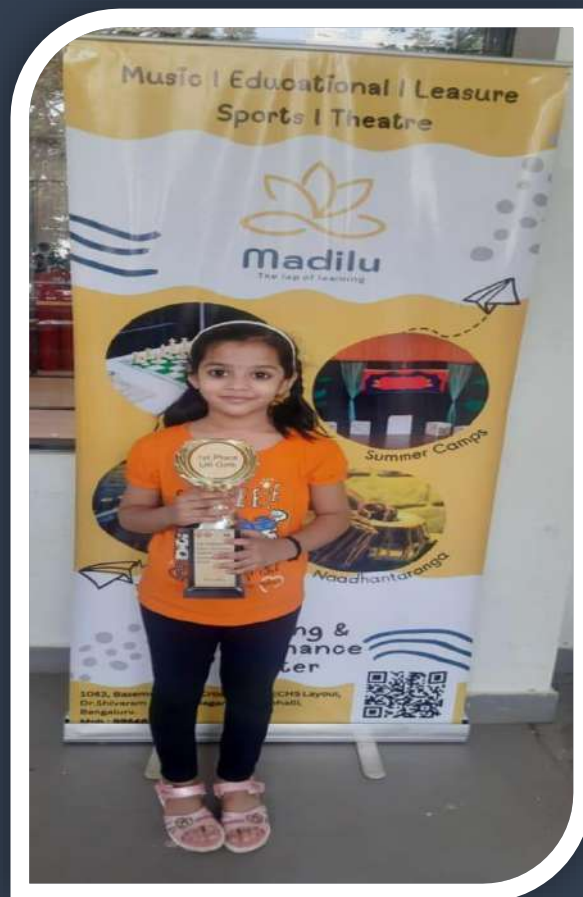
Tournament Highlights:

Rapid Tournament (U06 Category)

Points: 4/5

Ranking: 1st Prize

Date: 26th October



INTER-SCHOOL ACHIEVEMENTS BADMINTON

The Badminton team won the Silver and Bronze in the Singles U14 event and U12 event at Amaatra Academy Inter School Badminton Championship 2024 held on 29th October 2024.

Winning Team Members:

U14 Boys - Arjun Sivaraman - VII Q - Bronze

U12 and U14 Girls - Aaradhya. S - VI N - Silver and Bronze



INTER-SCHOOL ACHIEVEMENTS

KARATE

The Karate team participated in Spardha-2024, organised by Amaatra Academy and won accolades.

Kata Results:

1. Nilabhra (Grade X O) - Bronze Medal
2. Mrunal (Grade VIII S) - Gold Medal
3. Kavya (Grade VIII IG) - Silver Medal
4. Pranva (Grade V A) - Silver Medal
5. Shreyansh (Grade IV N) - Gold Medal

Kumite Results:

1. Kavya (Grade VIII IG) - Bronze Medal
2. Pranva (Grade V A) - Bronze Medal
3. Shreyansh (Grade IV N) - Silver Medal



INDIVIDUAL ACHIEVEMENTS RUBIK'S CUBE

Vansh B. Gupta
Grade IX

Vansh won 3 trophies in different categories at the recent Rubik's Cube competition.

Results:

1st Position in 3x3 Cube

1st Position in 4x4 Cube

2nd Position in 2x2 Cube



INDIVIDUAL ACHIEVEMENTS

SNOOKER

Sreshta Kovvuri
Grade IX

Sreshta won the KSBA State Level Championship Title in Sub Junior Girls U18 category 2nd Time in a Row held at KSBA Club, Bengaluru, on 29th September 2024.

Congratulations!



INDIVIDUAL ACHIEVEMENTS

CHESS

Rikesh Anand
Grade III

Rikesh participated in the first Check N Mate Fide Rated Rapid Chess Tournament. He got 5/9 points and secured the Fifth prize in the U09 category.



Congratulations Rikesh!!

INDIVIDUAL ACHIEVEMENTS GYMNASTICS

Kyara Mahapatra
Grade III

Kyara achieved a remarkable feat in the Switch-Leap Gymnastics competition by winning the First prize.

Before we conclude this edition an inspiring comeback story.....

Michael Phelps

One of the most decorated Olympian of all time when he announced his retirement following the 2012 Summer Olympics, saying, “I am done. I’m finished. I am retired. I’m done. No more,” and “I just wanted to be done with swimming and didn’t want anything to do with the sport anymore.”

However he returned to the pool in 2014 and he staged one of the biggest comebacks in sports history, winning five gold medals and one silver at the 2016 Olympics in Rio de Janeiro. By the end of his career, had won 28 medals, including 23 Olympic golds—the most of any athlete in history.

